Southern Fleurieu
Directory of Services

for Families and Children
Southern Fleurieu Directory of Services for Families and Children

Introduction:

This directory has been compiled by the Southern Fleurieu Family Links Program to assist families and service providers find information and services for parents, families and children. Southern Fleurieu Family Links is funded by the Commonwealth Department of Family and Community Services and managed by the Southern Fleurieu Councils of Yankalilla, Victor Harbor and Alexandrina.

The Family Links workers are based at the City of Victor Harbor council offices. To make any additions or other changes to this directory, please contact Cheryl Wadsworth or Pat Hosking by phoning 8551 0539 or email: familylinks@victor.sa.gov.au

Other Southern Fleurieu Family Links services include:

- Networking with early childhood services across the region
- Linking families to information, networks, resources and services.
- Working with parents and workers to create new programs, services and resources for families.

How to use this directory:

The information provided in the directory includes:

- Name of the service
- Location
- Contact phone number
- Fax number
- Email
- Web site
- Postal Address (if different from location address)
- A brief description of the service
- Any special eligibility criteria

The information in this directory has been organised in two sections. The first section lists services alphabetically under major category headings, for example, Playgroups, Libraries etc. The second section of this directory provides a quick reference guide for those same services according to the District Council Area which provides them. The council areas covered by this directory are:

- Alexandrina Council
- City of Victor Harbor
- District Council of Yankalilla

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New Service / Existing Service Update Form

Please use this form if you wish to:

- register a service for inclusion in the directory (inclusion is subject to approval by the Southern Fleurieu Family Links Program);
- update information on an existing service.

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<table>
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<tr>
<th>Postal Address:</th>
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<tr>
<th>Eligibility Criteria:</th>
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Contact Person: ...............................................................

(please note that Contact Person will not be included in the Directory but will useful to us should we need to follow up any information).

Please return the completed form / information to:

Southern Fleurieu Family Links Program
c/o City of Victor Harbor, PO Box 11, Victor Harbor, SA 5211
Phone: 8551 0539  Fax Number: 8551 0501
Email: familylinks@victor.sa.gov.au
Request for Additional Directories

Please supply us with:

☐ Additional copies of the Southern Fleurieu Directory of Services for Families and Children Booklet (indicate number required in box)

Additional copies of the following loose leaf sections of the directory as detailed below.

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<th>Section Name</th>
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<td>Opportunity Shops</td>
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<td>Parenting and Family Support Services</td>
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<td>Schools</td>
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<tr>
<td>Transport</td>
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<tr>
<td>Quick Reference Guide</td>
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</tbody>
</table>

Please return the completed form / information to:

Southern Fleurieu Family Links Program  
c/o City of Victor Harbor, PO Box 11, Victor Harbor, SA 5211  
Phone: 8551 0539  Fax Number: 8551 0501  
Email: familylinks@victor.sa.gov.au
# Southern Fleurieu Directory of Services for Families and Children

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CHILDREN’S CENTRES / CHILDCARE

Family Day Care (Regional Service)
Location: 1 Oval Street, Victor Harbor, SA 5211
Phone: 8552 1612
Fax: 8552 4712
Email: schirmer.kay@saugov.sa.gov.au
Web Site: www.childcare.sa.gov.au
Services Offered: Regional Office – hours Mon-Thur 8.30am – 4.30pm
Home based child care service – permanent, relief, special needs, short term emergency care.

Goolwa Children’s Centre
Location: Brooking Street, Goolwa, SA 5214
Phone: 8555 2509
Fax: 8555 1565
Email: plutze@goolwacc.sa.edu.au
Services Offered: Long day care, Preschool, Playgroup
Eligibility Criteria: Caters for 6 weeks- 6 Years.
Childcare assistance available.

Strathalbyn: Burkett Drive Children’s Centre
Location: 1A Burkett Drive, Strathalbyn SA
Phone: 8536 4242
Fax: 8536 4246
Email: strathcc@hotkey.net.au
Services Offered: Long day care and Preschool
Caters for 6 weeks- 6 Years.
Childcare benefit available.

Strathalbyn Occasional Care Service
Location: Strathalbyn Kindergarten, 9 Coronation Road
Phone: 8536 2078
Fax: 8536 2470
Services Offered: 1 session per week (2¼ hours) for children 2-4 years.

Victor Harbor Child Care Centre
Location: Bay Rd, Victor Harbor, SA 5211
Phone: 8552 4211
Fax: 8552 2242
Email: victorcc@granite.com.au
Services Offered: Long day care
Eligibility Criteria: Caters for 6 weeks to 6 years of age.
Childcare assistance available
Yankalilla Community Children’s Centre
Location: Main Road, Yankalilla SA 5203
Phone: 8558 2387
Fax: 8558 3756
Email: ccatt@yankalillacc.sa.edu.au
Web Site: www.yankalillacc.sa.edu.au
Services Offered: Preschool, Long day childcare, Playgroup

Out of School Hours Care and Vacation Care

Goolwa (GOSHC)
Location: Gardiner Street, Goolwa, SA 5214
Phone: 8555 2643
Fax: 8555 3899
Services Offered: After school care 3.30pm-6.00pm.
Vacation care 8.00am-6.00pm
Eligibility Criteria: Primary school children.

Mount Compass (MCOSH)
Location: Mount Compass Area School, School Road
Phone: 8556 8219 or 0411134701

Port Elliot (POSHC)
Location: 50 North Tce, Port Elliot, SA 5212
Phone: 0413722000

Strathalbyn – Eastern Fleurieu R-12 (OHSC/Vacation Care)
Location: 34 East Tce, Strathalbyn, SA 5255
Phone: 8536 2344
Fax: 8536 3782

Victor Harbor (VOSHC)
Location: The Parkway, Victor Harbor, SA 5211
Phone: 8552 8301 or 0439728301
Fax: 8552 5068
Email: jmoat@victorr-7.sa.edu.au
Services Offered: Before school and after school care, vacation care and pupil free days.
Eligibility Criteria: 5-12 year olds. Working or training parents. Children with disabilities.

Yankalilla (YOSHC)
Location: Main Road, Yankalilla, SA 5203
Phone: 0401 717 021
Services Offered: Before and after school care for children aged between 5–12 (Primary aged).
Eligibility Criteria: Primary aged children whose parents need care for whatever reason on a permanent or casual basis.
CHURCH BASED FAMILY SERVICES

Anglican Church – Victor Harbor
Location: 14 Burke Street, Victor Harbor
Phone: 8552 1076
Services Offered: Church based family services, youth group, op shop

Anglican Church - Yankalilla
Location: Main Road, Yankalilla
Phone: 8558 2019
Fax: 8558 2019
Email: shrine@granite.net.au
Web Site: shrine.yankalilla.granite.net.au
Postal Address: 132 Main Road, Yankalilla SA 5203
Services Offered: Church based family services, counselling services, op shop

Assemblies of God - Yankalilla
Location: Yankalilla
Phone: 8558 2218
Fax: 8558 2218
Email: fleurieuauog@hotmail.com
Postal Address: Main Street, Yankalilla
Services Offered: Church based family services

Baptist Church – Victor Harbor
Location: 78 Sutherland Ave, Victor Harbor
Phone: 8552 2675
Postal Address: 74/76 Sutherland Avenue
Services Offered: Kids Club for primary aged school children – alternate Fridays 6 – 8 pm. Craft group for all – Thursday 9.30 – 11.00 During school term, Worship service, Sunday 10.30am & 7.00pm

Church of Christ - Goolwa
Location: Goolwa, Porter Street
Phone: 8555 2054 (manse)
8555 1008 (office)
Postal Address: PO Box 814 Goolwa
Services Offered: Sunday Youth Children’s bible school 10.30-11.45am
Youth Group, Mentor Program
Eligibility Criteria: Sunday youth: classes available for ages 3yrs to late teens. Youth group Yr 6 to late teens. Mentor Program: Yr 6 to Early – twenties. Involvement in some regular aspect of church life is essential
Church of Christ – Victor Harbor
Location: Victor Harbor
Phone: 8552 5029
Email: vhchurch@granite.net.au
Web Site: www.granite.net.au/~vhchurch
Postal Address: 9 Seaview Road
Services Offered: Bus trips (for seniors), friendship centre, play group
Craft group (for women 25 – 45yo), Christian
Community care, emergency provisions - particularly food, time out for women. Potters clay (worship, social activity for people with intellectual disabilities), children for Christ (Sunday school for 3-18yo), youth group (5-20yo)

Lutheran Church Goolwa
Location: Cnr Beach/Port Elliot Roads
Phone: 0417 287 840
Services Offered: Church Services, Children’s and Youth programs

Lutheran Church Victor Harbor
Location: 21 Adelaide Road, Victor Harbor
Phone: 8552 5380
Fax: 8552 8388
Email: vhlc@granite.net.au
Website: victor.lutheran.granite.net.au
Services Offered: Church services, playgroup, craft, dancing, Waves café open Tues and Wed 10 – 4pm.

Oasis – Victor Harbor
Location: Walker Street, Victor Harbor
Phone: 8552 1535
Email: oasis@granite.net.au
Web Site: granite.net.au/-oasis
Postal Address: PO Box 212 Victor Harbor SA 5211
Services Offered: Free child care Thursday 10am - noon
Food parcel/hampers - free
Eligibility Criteria: Need

Salvation Army – Victor Harbor
Location: corner Crozier Road and Torrens Street
Victor Harbor, SA 5211
Phone: 8552 7474
Fax: 8552 3097
Email: CorpsOVictorHarbor@aus.salvationarmy.org
Postal Address: as above
Eligibility Criteria: Any person in need.
South Coast Christian Community Care – Victor Harbor
Phone: 8552 5029
Postal Address: PO Box 887, Victor Harbor
Services Offered: Provides emergency help.

Uniting Church – Port Elliot
Location: Main Road, Pt Elliot
Phone: 8554 2498
Email: avisjm@bigpond.com.au
Web Site: www.users.bigpond.com/avisjm
Postal Address: PO Box 94 Pt Elliot, 5212
Service Offered: Computer Assisted Sunday Program - Worship, Bible reading, various computerised activities, Sundays during school term 9.30am – 10.30am
Eligibility Criteria: Any young people 3 -15 years old
Service Offered: Port Elliot Information Technology Access
Free Email and Internet Access, Wed and Sat 10am – 12noon. Basic Computing Classes, from 2002 – Children’s computing activities after school 3.30 – 5pm Mondays & Wednesday
Eligibility Criteria: General public
Service Offered: Southern Mac Users Group (SMUG)
Monthly meetings re: use of Macintosh computers 1st Thursday 7pm
Classes in Basic Computing on Macs
Eligibility Criteria: Adults who are members and intending members
Service Offered: Sunday School (Phone: 8554 3352)
Worship, story, craft, Sundays during school term 9.30am – 10.30am
Eligibility Criteria: Any children 3-12 years old
Kids Club, for primary school aged children
Phone: 8554 2319 or 8554 2160

Uniting Church – South West Fleurieu Uniting Churches
Locations: The South West Fleurieu Uniting Churches comprise five churches located at Delamere, Inman Valley, Myponga, Range Road – Parawa, Yankalilla.
Phone: 8558 3441 (Minister – Dean Pearce)
8558 3627 (Secretary)
Services Offered: Delamere - Sunday School, Ladies Fellowship, Social activities.
Inman Valley - Kid’s Club (5-12 year olds – alternate Wednesdays), Sunday School.
Range Road, Parawa – Sunday School, Ladies Fellowship.
### Uniting Church – Victor Harbor
- **Location:** The Drive, Victor Harbor
- **Phone:** 8552 8377
- **Email:** adarevc@granite.net.au
- **Services Offered:**
  - The Alcove library – lending Christian books, videos and tapes, access available Mon-Fri 9.30am – 12.30pm. contact Margie Vincent 8552 3214.
  - Playgroup 2nd 4th Tuesday of the month except school holidays - 10am-11.30am. Contact Di Pratt 8552 4960.
  - Sunday School – every Sunday during school term 9.30am contact Rod Slater 8552 5148

### Uniting Church Strathalbyn & Districts
- **Location:** 12 Alfred, Strathalbyn
- **Phone:** 8536 2080
- **Services Offered:** Services held at Ashbourne, Finniss, Langhorne Creek & Milang. Kids Club for primary school aged children, for more details contact 8536 4213 or 8536 2230. Contact the minister for information on other activities.

### Yankalilla Combined Christian Churches Community Care
- **Location:** Yankalilla District
- **Services Offered:**
  - Christian Care Car (in conjunction with the DC Yankalilla). Transport to and from medical appointments – local and Adelaide. Some compassionate travel can be made available. Phone – 8558 2269.
  - Support for homeless and others in need. Ph: 8558 2269.
  - Friday Club – for the people seeking companionship. Meets 3rd Friday of every month. Phone – 8558 3518.
COUNCIL SERVICES

Alexandrina Council
Location: Office, Dawson Street Goolwa
Phone: 8555 7000
Fax: 8555 3603
Email: alex@alexandrina.sa.gov.au
Web Site: www.alexandrina.sa.gov.au
Postal Address: PO Box 21, Goolwa SA 5214
Services Offered: Heritage club (Goolwa), Libraries, Town Halls, Swimming Pool (Strathalbyn), Caravan Parks, Community Transport Scheme, Youth Program, other community services including Family Programs and Caring Neighbourhood Program

City of Victor Harbor
Location: Office, Bay Road
Phone: 8551 0500
Fax: 8551 0501
Email: localgov@victor.sa.gov.au
Postal Address: PO Box 11, Victor Harbor, SA 5211
Services Offered: Caravan Park, Library, Visitors Information Centre, Whale Centre, Horse Drawn Tram to Granite Island, Community Transport Scheme, Suicide Bereavement Support Group, other community services include Family Programs and Caring Neighbourhood Program

District Council of Yankalilla
Location: Office, Main Road Yankalilla
Phone: 8558 2048
Fax: 8558 2022
Email: council@yankalilla.sa.gov.au
Postal Address: PO Box 9, Yankalilla SA 5203
Services Offered: Caravan Park (Normanville Beach), Rapid Bay Camping Ground, Tourist Information Centre, Library other community services including Family Programs.
COUNSELLING SERVICES

General Services
Church Based Services
Education
Private Counsellors

GENERAL SERVICES

Adelaide Central Mission
Location: Kuitpo
Phone: 8556 7320
Services offered: Residential program for people experiencing problems with alcohol & other drugs. Family program allows a parent to be in the program with their young children. Program provides groups and individual counselling and other activities.

Child Adolescent Mental Health Service - CAMHS
Location: Southern Fleurieu Health Service – by appointment
Phone: 8552 0600
Services Offered: Child & adolescent, emotional / behavioural problems
Eligibility Criteria: Children, adolescents and their families.

Community Grief Support Group
Phone: 8552 1669
Services Offered: A free service. 20 cents only for a cup of coffee if needed. Meets weekly Thursdays between 10am & 12noon.

Family and Youth Services
Location: 3/10 Crozier Road, Victor Harbor SA 5211
Phone: 8552 2011
Fax: 8552 5304
Postal Address: PO Box 128, Victor Harbor SA 5211

JPET (Job Placement, Employment and Training)
Phone: 8552 6111
Services offered: Helps young people to break down the barriers to get into Education, training and employment
Eligibility Criteria: Unemployed 15-21 year olds (client group)
**Relationships Australia**  
Phone: 8377 5400  

**Royal Society to the Blind**  
Phone: 8326 1188  
Services offered: Grief counselling associated with vision loss

**Shine SA - (Sexual Health Information Networking Education)**  
Phone: 8325 8164  
Services offered: Shine SA offers a therapeutic counselling service which is provided by professional sexual health counsellors. All services are confidential. Counsellors also conduct group sessions and can provide advice and referral on sexual related concerns. The service is available to individuals, couple and families. You can come into see us on your own or with a partner or support person.

**Southern Fleurieu Health Service**  
Phone: 8552 0600  
Services Offered: Social Workers - general counselling to wide range of Clients (e.g. domestic violence, relationships, anxiety, depression etc). ‘Butterflies’ group – women who have been in abusive relationships. Referral to specialists.  
Women’s Health - Individual short term counselling on a range of health and related issues. Information and Support Groups on a range of topics eg women in middle years, making peace with food and positive changes for emotional well-being.  
Mental Health - Preferably referral via GP.  
Adult services 15 – 65 Years.  
Services for people with a psychiatric disability/diagnosis such as schizophrenia, mood disorders, PTSD, depression. Depression in the elderly. Mental health assessments for people over 65.  
Drug and Alcohol Counselling Service

**Southern Junction Youth Service**  
Phone: 8382 3554  
Services Offered: Counselling 12-18 year olds and their parents, conflict due to blended families, conflict due to angry and violent young people. Conflict due to lack of communication. Parents’ information nights. Telephone counselling available.
Vietnam Veterans Counselling Service
Phone: 1800 011 046 or 8290 0300
Services Offered: Couple, individual, family counselling, group programs, outreach service.
Eligibility Criteria: Veterans, peace keepers, and family members including dependent children.

CHURCHES BASED COUNSELLING SERVICES

Adare Uniting Church
Location: Victor Harbor
Phone: 8552 8377

Goolwa Uniting Church
Location: Goolwa
Phone: 8555 2589

Newland Uniting Church
Location: Victor Harbor
Phone: 8552 7306
Services Offered: Counselling and spiritual direction.

Salvation Army
Location: Victor Harbor
Phone: 8552 7474 or 0409211551
Services offered: Counselling – Domestic Violence, sexual assault, sexual abuse. Substance abuse/addiction, grief counselling

Victor Harbor Baptist Church
Location: Victor Harbor
Phone: 8552 2675
Services Offered: Conflict resolution, young people, drugs, alcohol. From biblical perspective. Refers to others.

Victor Harbor Church of Christ
Location: Victor Harbor
Phone: 8552 7515
Services offered: Christian Counselling and Family Therapy

Yankalilla Uniting Church
Location: Yankalilla
Phone: 8558 3441
Services Offered: Counselling
EDUCATION

DECS – Educational Psychologist, Disability and Hearing Impairment Services
Phone: 8207 3732

Investigator College
Special Education: Chris Jerram
Chaplain: Lew Saunders
Phone: 8555 5079

Goolwa R-7 School
Phone: 8555 2261
School Counsellor: Kaye Thiele
Services Offered: Interpersonal Skills, Coping and Adapting Skills Literacy Support, Poverty & Education, Team Building/Group Skills, Building Confidence through Speaking/Performance & Drama; permanent optimism; parents participation, parenting programs etc
School Chaplain: Baden Greer
Services offered: Christian Counselling and Family Therapy

Mount Compass Area School
Phone: 8556 8210 to contact the School Counsellor

Port Elliot R-7 School
School Counsellor: Gail Smith
Phone: 8554 3399

Victor Harbor High School
School Counsellors: Marion MacKenzie Colin Sibley
Phone: 8552 1988
School Chaplain: Peter Lord
Phone: Mobile: 0417 823 031
Services offered: Career/Course Counselling, grief & loss, conflict resolution, harassment grievance, mediation student/teacher, some staff counselling, student behaviour management, crisis counselling
Eligibility Criteria: High School Students 13-18years old

Victor Harbor R-7 School
School Chaplain: Katrina Schirmer, Maureen Moores
Phone: 8552 1166 or 0413 843 962
Services offered: R-7 age – school issues – family conflict, self esteem, behaviour management
Yankalilla Area School

School Counsellor: Nicky Nardelli
School Chaplain: Mark Pearse
Phone: 8558 0888
Services offered: Counselling for students Referral to other agencies
Eligibility Criteria: Year 6-12, Year R-5
### PRIVATE COUNSELLORS

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Services Offered</th>
</tr>
</thead>
<tbody>
<tr>
<td>Margaret Gardner, A.A.M.F.C.</td>
<td>8555 2143</td>
<td>Individual and Relationship Counselling Pre-marital Preparation. Parent Education.</td>
</tr>
<tr>
<td>Peter George, Patricia George</td>
<td>8554 3555</td>
<td>‘Parts Therapy’ – includes coping with stress, pain management, depression, anxiety, anger management, social phobia, loss, grief, bereavement</td>
</tr>
<tr>
<td>Jo Gilpin</td>
<td>8556 8252, 040 8848 279, <a href="mailto:jomark@dove.net.au">jomark@dove.net.au</a></td>
<td>Child and Parent Health Issues, Parent Education Breastfeeding, Settling/sleep/routines, PND, Behaviour Management, Bedwetting – assessment, Dry Bed Program.</td>
</tr>
<tr>
<td>Belinda Sanders</td>
<td>8552 3506</td>
<td>Range of issues, TA, gestalt, feminist approaches to psychotherapy.</td>
</tr>
<tr>
<td>Lew Saunders</td>
<td>8552 6007 or 0415 810 800</td>
<td>Youth and family counselling and support</td>
</tr>
<tr>
<td>Liana Taylor</td>
<td>8273 2693</td>
<td>Clinical and Health Psychology Eg – Anxiety, Depression, Panic Attacks, Traumatic Memories, Post Traumatic Stress, Chronic Health &amp; Pain Issues.</td>
</tr>
</tbody>
</table>
EMERGENCY SERVICES

Ambulance
Phone: 000 (Emergency calls only)

Crisis Care
Location: FAYS Noarlunga
Phone: 131 611 (after hours)

Fire
* Adelaide & Metropolitan life threatening emergency calls only
Phone: 000 (free call)
* Goolwa
Phone: 8555 2000 (alarm calls only)
     8555 1128 (station when staffed)
* Mt Compass Fire Service
Phone: 8556 8000 (alarm calls)
     8556 8501 (general enquires)
* Victor Harbor
Phone: 000 (MFS town alarm calls only)
     8552 4700 (alarm calls only)
     8552 2252 (station when staffed)
* Yankalilla
Phone: 8558 2000 (alarm calls only)
     8558 2234 (base when staffed)

Hospital (South Coast District Hospital)
Location: Victor Harbor
Phone: 8552 0500
Fax: 8552 0507
Email: cooper.jill@saugov.sa.gov.au
Postal Address: Bay Road, Victor Harbor, SA 5211
Services Offered: Acute medical and surgical hospital services,
Palliative care community service,
Community midwifery
24hr emergency service
Private Hospital on campus – 18 beds

Poisons Information Line
Phone: 13 1126
Services Offered: Poisons Information (24hrs)

Police
Phone: 000 (emergency)
     131 444 (police attendance)

Snake catcher (24 hours)
Phone: 0413 665 483  Adelaide Snake Catchers
**HEALTH SERVICES**

**Child & Youth Health**  
**Family Health**  
**Men’s Health**  
**Sexual Health**  
**Women’s Health**

**CHILD AND YOUTH HEALTH**  
Child & Youth Health Services  
Location:   
- Goolwa Child Health Centre, Goolwa Children’s Centre Brooking Terrace  
- Other centres at Aldinga, Seaford and Noarlunga.  

Phone:   
- Appointments: 8179 4500  
- 24hr Parent Helpline 1300 364 100  
- 24hr The Youth Healthline 1300 131 719 for young people aged 12 – 25 years, mobile users: 8303 1691  

Fax:    8179 4550  
Email:  
hay.cheryl@cyh.sa.gov.au  
Website:  
www.cyh.com.au  
Postal Address:  
PO Box 100  
Oaklands SA 5046  

Services Offered:   
- Free Child Health and Parenting services include:  
  - Child health checks – growth, development, behaviour, hearing and vision.  
  - Parenting support and counselling related to child development, child behaviour, family relationships and parental well being.  
  - Family and Baby Program – intensive support for feeding, settling or parenting issues with babies 0-12 months.  
  - Hearing assessment centre appointments available at Noarlunga – ph 8303 1530  

Eligibility Criteria:  
Families with children 0-12 years  

**Dental Health**  
Location:  
School Dental Van  
Phone:  
8552 1552
The Second Story Youth Health Service
Location: Christies Beach
Phone: 8326 6053
Fax: 8326 7232
Web Site: www.cyh.com
Postal Address: 50A Beach Road, Christies Beach
Services Offered: Counselling (short term), Clinic Services including Immunisation, Health Education programs
Eligibility Criteria: Young people aged 12 – 25 years

The Office of Youth - Web site for Youth/Youth Advisory Committees
Services Offered: This site creates a space for young people to chat about relevant issues, express opinions and get involved on a community level. See 'Southern Fleurieu YAC’

FAMILY HEALTH

Aboriginal Health Council of SA
Location: 167 Fullarton Road, Dulwich SA 5065
Phone: (08) 8431 4800

Breast-feeding (Australian Breast Feeding Association)
Location: Southern Fleurieu Group
Phone: 8556 9109
8411 0050 (7 day counselling helpline)
1300 302 201 (information line)
Fax: 9880 8666 (national)
Email: info@breastfeeding.asn.au (national)
Web Site: breastfeeding.asn.au (national)
Postal Address: 34 The Parade, Norwood, SA 5006
Services Offered: Local group meetings, trained counsellors can help with breastfeeding, booklets on breastfeeding, mother friendly products for sale, 7 day counselling helpline, available to members and non-members.

Helen Mayo House (24hrs)
Location: Fullarton Road, Eastwood SA 5063
Phone: 8303 1183
Services Offered: Information and support with Post Natal Adjustment and Post Natal Depression.
Families First
Location: Regional Service
Phone: 8551 0542
Fax: 8551 0501
Email: familiesfirst@victor.sa.gov.au
Postal Address: City of Victor Harbor
PO Box 11, Victor Harbor SA 5211
Services Offered: Provision of parenting information, parent support groups

Families First Volunteer Program
Location: Regional Service
Phone: 8551 0543
Fax: 8551 0501
Email: familiesfirst@victor.sa.gov.au
Postal Address: City of Victor Harbor
PO Box 11, Victor Harbor SA 5211
Services Offered: Provision of practical and emotional support by trained volunteer parent supporters experiencing isolation, crisis, transitions across the Southern Fleurieu.

Family Links
Location: Regional Service
Phone: 8551 0539
Fax: 8551 0501
Email: familylinks@victor.sa.gov.au
Postal Address: City of Victor Harbor
PO Box 11, Victor Harbor SA 5211
Services Offered: Networking families and children’s services to empower families with information and support.

Yankalilla, Myponga & Normanville Surgeries
Locations:
* 91 Main Street Yankalilla
* Village shopping centre, Normanville
* Main Street, Myponga
Phone: 8558 2144
Fax: 8558 3614
Postal Address: 91 Main Street, Yankalilla, SA, 5203
Services Offered:
* General Medical Practice
* Council and School immunisation clinics
* Sports Medicine
* Trauma and emergency services
* Drug and alcohol treatment services

Goolwa Medical Centre
Location: 9 Crocker Street Goolwa
Phone: 8555 2404
Fax: 8555 1002
Email: goolwadr@dove.net
Postal Address: 9 Crocker Street, Goolwa SA 5214
Services Offered:
* General Medical Centre, 5 1/2 Days per week
* Emergency on-call after hours service
**Middleton Medical Centre**
Location: Main Road, Middleton
Phone: 8554 3250
Fax: 8554 3260
Postal Address: Main Road, Middleton SA 5213

**Mount Compass Medical Centre**
Location: Main Road, Mount Compass
Phone: 8556 8365
Fax: 8556 8096
Postal Address: PO Box 352, Mt Compass SA 5210
Services Offered: General medical practitioner services.

**Norfolk House Medical Centre**
Location: 62 Victoria Road, Victor Harbor
Phone: 8552 3900
Fax: 8552 5808
Email: norfolkhouse@hotmail.com
Postal Address: 62 Victoria Road, Victor Harbor, SA 5211
Services Offered: General medical practitioner services

**Normanville Medical Centre**
Location: Main Road, Normanville
Phone: 8558 3136
Fax: 8558 3532
Email: normclin@health.on.net
Postal Address: PO Box 2068, Normanville, SA 5204
Services Offered: General medical practitioner services.

**Ocean Street Medical Centre**
Location: Ocean Street, Victor Harbor
Phone: 8552 1444
Postal Address: Ocean Street, Victor Harbor SA 5211

**Port Elliot Medical Centre**
Location: Cnr North Terrace & Montpelier Tce Port Elliot
Phone: 8554 2440
Fax: 8554 2901
Postal Address: C/- Victor Medical Centre, Ocean St, Victor Harbor
Services Offered: Doctors by appointment only,
                 Monday – Thursday, 9.30am – 5pm
                 Friday 9.30am – 12.30pm
**Strathalbyn Medical Clinic**
Location: 24 West Terrace, Strathalbyn
Phone: 8536 2277
Fax: 8536 2943
Email: strathclin@pinnacle.net.au
Postal Address: West Terrace, Strathalbyn SA 5255
Services Offered: Quality family care.
Including:- Obstetric care/ women’s health.
Drug and Alcohol. Children’s health.
Men’s Health.
Bulk billing for full pension card holders
Concession fee for health care card holder

**Southern Fleurieu Health Service**
Location: Victor Harbor, Goolwa, Yankalilla
Phone: 8552 0600
Fax: 8552 0616
Email: HMSRHS:receptionsfhs@sa.gov.au
Postal Address: Harbor View Terrace, Victor Harbor
Services Offered: Community Health Programs & Groups,
Community Self Help Groups, Community Visitors Scheme, Community Nurses, Immunisation,
Community Support Services, Community Care Project, Home Assist., Paramedical Aides,
Occupational Therapy, Speech Pathology, Physiotherapy, Health Promotion Program,
Nutrition and Dietary Services, Diabetes Education/Clinics, Mental Health Services, Social Work, Youth Health Project, Aboriginal Health,
Early Childhood Program, Drugs and Alcohol, Options Co-ordination
Eligibility Criteria: Community health and early childhood services - open access

**Strathalbyn & District Soldiers’ Memorial Hospital & Health Services**
Location: 14 Alfred Place, Strathalbyn SA 5255
Phone: 8536 2333

**South Coast District Hospital**
Location: Bay Road, Victor Harbor SA 5211
Phone: 8552 0500
Fax: 8552 0507
MEN’S HEALTH

Men’s Information & Support Centre
Location: Adelaide
Phone: 8212 0331
Fax: 8231 1752
Email: misc@picknowl.com.au
Web Site: www.mens-centre.net
Postal Address: 1st Floor, Torrens Bldg, 220 Victoria Sq
Adelaide SA 5000
Services Offered: Information and referral – including activities of
Men’s groups, organizations and services;
Referrals to counselling, Advocacy, Information
Dissemination – quarterly journal.

Mensline Australia
Postal Address: PO Box 33
North Melbourne, Vic. 3051
Phone: (03) 9326 8522 or 1300 789978
Fax: (03) 9329 8826
Email: talkitover@menslineaus.org.au
Web site: www.menslineaus.org.au
Services Offered: Professional and confidential short term
counselling, direct linkage to services if you are
distressed, information about other services and
support programs in your area, practical support and
life strategies to manage difficult situations.

Southern Fleurieu Health Service
Location: Victor Harbor, Goolwa, Yankalilla
Phone: 8552 0600
Fax: 8552 0616
Services Offered: Men’s counselling. Men’s support group.

NADA (Private psychologists & social workers)
Location: 1 Mary Street, Hindmarsh
Phone: 8340 2240
Services Offered: Counselling for male perpetrators and survivors of
sexual abuse. Fees apply.
SEXUAL HEALTH

Shine SA - Sexual Health Information Networking Education
Location: 17 Phillips Street, Kensington SA 5068
Phone: (08) 8431 5177
1800 188 171 (country callers)
Fax: (08) 8364 2389
Email: shinesa@webmedia.com.au
Internet: www.shinesa.org.au
Postal Address: 17 Phillips Street, Kensington SA 5068
Services Offered: Sexual Health Hotline, Internet Website, Professional Education & Training, Library and Resource Centre, Primary Health Care Team – Community Education and Advocacy, Clinics, Counselling, Youth Information and Drop in.

WOMEN’S HEALTH

Women’s Health (statewide)
Location: 64 Pennington Terrace, North Adelaide SA 5006
Phone: 8267 5366
1800 182 098 (toll free in SA)
Fax: 8267 5597
Email: info@whs.sa.gov.au
Website: www.whs.sa.gov.au
Services Offered: Womens Healthline – provides referral, information and counselling on health issues
Counselling and phone line referral, HIV/AIDS Womens project, Lesbian Healthline, Medical clinics and Rural womens telephone counselling sessions
Eligibility Criteria: Priority is given to socially and economically disadvantaged women.

Southern Fleurieu Health Service
Location: Victor Harbor, Goolwa, Yankalilla
Phone: 8552 0600
Fax: 8552 0616
Services Offered: Women’s Health Workers- Individual short term counselling on a range of health and related issues. Information and support groups on a range of topics (eg. Women in the Middle Years, Making Peace with Food, Positive Changes for Emotional Well-Being).

Women’s Healthline
Phone: 8239 9600 or 18000 182 098
Services Offered: A telephone health information service staffed by registered nurses 9 – 5 Mon - Fri
HELPLINES

Alcohol
Phone: 1300 131 340
Services Offered: Alcohol and Drug Information Service (24hrs)

Child Abuse
Phone: 131 478
Services Offered: Child Abuse Report Line (24hrs)

Domestic Violence
Phone: 1800 800 098
Services Offered: Helpline (office hours)

Drug
Paediatric Drug information
Phone: (08) 8161 7222

Drugs in Pregnancy and Lactation
Phone: (08) 8161 7555

Kids Helpline
Phone: 1800 55 1800

Lifeline
Phone: 131 114
Services offered: Counselling

Mensline
Phone: 1300 789978
Services offered: Counselling

Parent Helpline
Phone: 1300 364 100
Services Offered: C & YH Counselling (24 hrs)

Poisons Information
Phone: 13 1126 (24hrs)

Pregnancy/Birthline
Phone: 8363 1444
Services Offered: Birthline Crisis Counselling Services (24hrs)

Rape
Rape & Sexual Assault Service
Phone: 1800 817 421

Emergency line for victims (24hrs)
Phone: 8226 8787
Services Offered: Counselling
KINDERGARTENS / PRESCHOOLS

Goolwa Children’s Centre
Location: Brooking Tce, Goolwa SA 5214
Phone: 8555 2509
Fax: 8555 1565
Email: plutze@goolwacc.sa.edu.au
Web Site: www.goolwacc.sa.edu.au
Services Offered: Preschool: Mon –Thurs 9.00am – 3.30pm

Montessori Preschool (Victor Harbor)
Location: Mill Road, Victor Harbor SA 5211
Phone: 8552 5640
Fax: 8552 5816
Email: iscariot@granite.net.au
Services Offered: 9.00am – 12noon

Mount Compass Preschool Centre
Location: Oval Road, Mt Compass SA 5210
Phone: 8556 8342
Fax: 8556 8085
Email: info@mtcompasspre.sa.edu.au
Web Site: www.mtcompasspre.sa.edu.au

Port Elliot Kindergarten
Location: 4 Blackfriars Road, Port Elliot SA 5212
Phone: 8554 2962
Fax: 8554 2463
Email: info@ptelliotkgn.sa.edu.au
Web Site: www.ptelliotkgn.sa.edu.au
Services Offered: Monday – Friday 8.45am – 4pm

Strathalbyn Kindergarten
Location: 9 Coronation Road, Strathalbyn SA 5255
Phone: 8536 2078
Fax: 8536 2470
Services Offered: Preschool program during eligible year from Monday to Thursday, 8.45am to 3.00pm.

Strathalbyn Outreach Kindergarten
Location: 1a Burkett Drive, Strathalbyn SA 5255
Phone: 8536 4511
Fax: 8536 4246
Services Offered: Preschool program during eligible year, on Wed mornings & afternoons, and Thursday & Friday mornings.
Victor Harbor Community Kindergarten
Location: 1 Oval Road, Victor Harbor SA 5211
Phone: 8552 2028
Fax: 8552 8396
Email: info@victorkgn.sa.edu.au
Web Site: www.victorkgn.sa.edu.au

Yankalilla Community Children’s Centre
Location: Main Road, Yankalilla SA 5203
Phone: 8558 2387
Fax: 8558 3756
Email: ccatt@yankalilla.sa.edu.au
Web Site: www.yankalillacc.sa.edu.au
Services Offered: Sessions: Preschool 8:45-11:30am, Long day childcare 8am-6pm (7:30 on request).
**LIBRARIES**

**Goolwa Library**
Location: Dawson Street, Goolwa
Phone: 8555 2030
Fax: 8555 2019
Email: glibrary@alexandrina.sa.gov.au
Services Offered: Homebound Service, Stories and craft for pre-schoolers, Storytelling for the Aged, books, magazines, videos, Compact discs, free public access to the internet Including email access. Holds births, deaths and Marriage records
Opening times:- Mon, Tue Wed & Fri 10am- 5pm, Thur 10am – 6pm, Saturday 9am-12.30pm

**Milang Depot**
Location: Institute Building, Coxe Street
Phone: 8536 3812
Services Offered: A comprehensive range of library materials to patrons within the Milang area.
Opening times: Wednesday 7pm-8pm, Friday 10am-11.30am

**Mount Compass Library Depot**
Location: Peters Terrace, The Mount Compass Depot
Phone: 8556 8219
Email: glibrary@alexandrina.sa
Postal Address: Mount Compass Area School, School Road, Mount Compass
Services Offered: small collection of library materials. Books
Opening times: Mon – Fri, 8.45am – 4.15pm
School Holidays, Wed 10am – 12noon

**Port Elliot Depot**
Location: The Strand, Port Elliot
Phone: 8555 2030
Fax: 8555 2019
Email: glibrary@alexandrina.sa
Services Offered: A small collection of library materials, Open
Wednesday afternoons 3pm-5pm, Saturday mornings 9.30am-12noon
Strathalbyn School/Community Library
Location: Situated at the Eastern Fleurieu School
Phone: 8536 3812
Fax: 8536 4396
Email: library@efsstra712.sa.edu.au
Postal Address: 11 Callington Road, Strathalbyn
Services Offered: Books, magazines, videos, compact discs etc,
Free public access to the Internet including e-mail
Opening times: Mon, Tues & Thurs 8.30am
5.30pm, Wed 8.30am-8.00pm, Frid. 8.30am-5pm
Sat 9am-12noon. Hours vary during School Holidays

Victor Harbor Public Library
Location: 10 Coral Street, Victor Harbor SA 5211
Phone: 8552 3009
Fax: 8552 3009
Services Offered: Open Tuesday, Wednesday, Thursday 10.30am – 5.30pm,
Friday 10am – 6pm. Saturday 10am -1pm. Closed
Monday, Sunday and Public Holidays
Books, CDs, cassettes, videos and magazines for loan
Holiday storytelling; computers, internet, holiday
memberships available.

Yankalilla Community Library
Location: Yankalilla Area School, Main road, Yankalilla
Phone: 8558 2043
Fax: 8558 2155
Postal Address: C/- Yankalilla School, Main road, Yankalilla
Services Offered: School terms hours: Mon – Fri 8.45am – 4pm,
Wed 5 – 8pm, Sat 9am – 12noon. Holiday hours, Tues –
Fri 10am – 12noon & 2 - 4pm, Sat 9am – 12noon, closed
Monday. Internet access, computing facilities,
photocopying facilities, Centrelink access point, networks
for your computer assistance.
OPPORTUNITY SHOPS

Combined Churches Opportunity Shop – Normanville
Location: Normanville Shopping Centre
Services Offered: 10.00 am to 4.00 pm Mondays to Fridays
                9.30 am to 1.00 pm Saturdays
Recycled clothes, toys, books, kitchen goods and furniture.
Accepts donations of good quality goods.

Meals on Wheels Variety Shop - Yankalilla
Location: 68 Main Road, Yankalilla SA 5203
Services Offered: Recycled clothes, toys, books, kitchen goods and furniture.
Open Mon-Fri 9.30 am to 4.00 pm and Sat 9.30 am to 11.30 am.

Next Size Up - Victor Harbor
Location: Newland Memorial Uniting Church, Victor Harbor
Phone: 8552 1452 or 8552 7306
Services Offered: Exchange for quality children’s clothing and goods to size 12.
Open Thurs. 11.00 am to 4.30 pm.

Salvation Army Thrift Shop - Goolwa
Location: Shop 2/3 Goolwa Tce, Goolwa SA 5214
Phone: 8555 1411
Services Offered: Recycled clothes, toys, books, kitchen goods and furniture.
Open Tues -Fri. 10.00 am to 4.00 pm, Sat. 10.00 am to 12.00 noon.

Strathalbyn Hospital Opportunity Shop - Strathalbyn
Location: 47 High Street, Strathalbyn SA 5255
Phone: 8536 3477
Services Offered: Recycled clothes, toys, books, kitchen goods and furniture.
Open Wed 8.00 am to 4.00 pm, Thurs & Fri 10.00 am 4.00 pm, Sat 9.00 am – 11.30 am.

The Spare Room - Myponga
Location: Myponga Uniting Church
Services Offered: Recycled clothes, toys, books, kitchen goods, bric-a-brac. Open Weekends and Public Holidays.

Yankalilla & District Senior Citizens Op-Shop
Location: Main Road, Yankalilla SA 5203
Services Offered: Recycled clothes, toys, books, kitchen goods and furniture.
Open Mon-Fri 9.30 am to 3.30 pm an Sat. 9.30 am to 12.30 noon.
PARENT GROUPS

Australia’s Breastfeeding Association (formerly Nursing Mothers’ Association of Australia) - Southern Fleurieu Group
Location: CWA Building (also Child and Youth Health Consulting rooms opposite Woolworths Petrol Station)
Phone: 8556 9109
Website: http://www.breastfeeding.asn.au
Postal Address: PO Box 382, Mt. Compass SA 5210
Services Offered: The Southern Fleurieu Group holds regular Meetings every 2nd & 4th Wed 10am – 11.30pm. Counselling service on a mother to mother basis.

Chronic Fatigue Syndrome Support Group
Location: Southern Fleurieu Health Service
Phone: 8552 0600

Community Living Options
Location: 51 Torrens Street, Victor Harbor
Phone: 8552 4699
Services offered: Providing support and training for people with disabilities

Community Grief Support Group
Location: Yilki Uniting Church Hall, Giles Street, Encounter Bay
Contact: Yvonne Little
Phone: 85521669
Services Offered: Meets weekly on Thursdays, 10am- noon

Domestic Violence Action Group
Location: City of Victor Harbor
Contact Person: Jen Jacobs or Mark Oliphant
Phone: 8551 0542

Grandparents Raising Grandchildren
Location: City of Victor Harbor
Contact Person: Jen Jacobs
Phone: 8551 0542

Mental Health Carers Support Group
Location: Goolwa Heritage Club
Phone: 8555 2455 or 8555 2853
Services Offered: Meets 3rd Wednesday of month, 7pm at Southern Fleurieu Health Service. For sharing information, and support for friends and relatives of persons with a mental illness

Friends of Child & Youth Health, Parent Group – Victor Harbor
Location: Meetings held at the Yacht Club
Phone: 8552 3032
Services Offered: A support group for new mothers, held 1st Wednesday of the month at 12 noon
PARENTING & FAMILY SUPPORT SERVICES

AA – Alcoholics Anonymous
Phone: 8346 3255 (24 hours)
Services Offered: Local meetings:
Goolwa Heritage Club – Tuesdays 8.00pm – 9.30pm
Victor Harbor SFHS – Fridays 8.00pm – 9.30pm

Al-Anon – for families and friends of people with alcohol abuse
Phone: 8231 2959 (24 hours)
Services Offered: Local meetings:
Victor Harbor SFHS – Fridays 8.00pm – 9.30pm

Alateen – for teenagers in families affected by alcohol abuse
Phone: 8231 2959 (24 hours)
Services Offered: Local meetings:
Victor Harbor SFHS – Fridays 8.00pm – 9.30pm

Baby Capsule
Location: South Coast District Hospital
Phone: 8552 0500
Services Offered: Red Cross baby safe capsule hire

Centrelink
Location: Victor Central Shopping Centre
Phone: 131021 (appointments)
136150 (enquiries)
Fax: 8551 2099
Web Site: www.centrelink.gov.au
Postal Address: PO Box 182. Victor Harbor SA 5211
Services Offered: Income support Payments, Parenting payment
Carer Allowance (under 16yo to over 16)
Low income health care card
Child support Liaison, Rent Assistance, Family tax,
Child Care benefits
Eligibility Criteria: Eligibility criteria varies from payment to payment but
In most cases there is an asset test & income test. All
Claims are looked at on a case by case basis

Community Mediation Services
Location: Southern Community Justice Centre, Christies Beach
Phone: 8384 5222
Postal Address 40 Beach Road, Christies Beach SA 5165
Services Offered Mediation to help find agreeable solutions to conflicts and
disputes, an alternative to the legal system, referrals. A
free service. On request, a mediator is able to come to the
Southern Fleurieu Region.
Drug & Alcohol
Location: Southern Fleurieu Health Service, Victor Harbor
Phone: 8552 0604
Web site: www.dasc.sa.gov.au
Services Offered: Information and Counselling

Early Learning Family Program (ELF)
Location: Harbour view Tce, Victor Harbor
Phone: 8552 0600
Fax: 8552 0616
Services Offered: Screening, assessment and individual and group therapy, for children with developmental & learning difficulties. Counselling, parenting advice/training and advocacy for families of these children. Clients can access: occupational therapy, physiotherapy, speech pathology & clinical psychology.
Eligibility Criteria: Children who live in the Southern Fleurieu region aged 0-8 years: who have difficulties in 2 or more areas of development: cognitive (intellectual skills, attention, learning) self-help (dressing, feeding, toileting, bathing) communication (receptive and expressive) motor (gross and fine motor skills) Social and emotional (behaviour, self-esteem and confidence).

Families First
Location: Regional Service
Phone: 8551 0543
Fax: 8551 0501
Email: familiesfirst@victor.sa.gov.au
Postal Address: City of Victor Harbor
PO Box 11, Victor Harbor SA 5211
Services Offered: Provision of parenting information, parent support groups.

Families First Volunteer Program
Location: Regional Service
Phone: 8551 0543
Fax: 8551 0501
Email: familiesfirst@victor.sa.gov.au
Postal Address: City of Victor Harbor
PO Box 11, Victor Harbor SA 5211
Services Offered: Provision of practical and emotional support by trained volunteers to families experiencing isolation, crisis, transitions across the Southern Fleurieu Region.
Family Links
Location: Regional Service
Phone: 8551 0539
Fax: 8551 0501
Email: familylinks@victor.sa.gov.au
Postal Address: City of Victor Harbor
PO Box 11, Victor Harbor SA 5211
Services Offered: Networking families and children’s services to empower families with information and support.

Family Focus
Phone: 8555 2589
Services Offered: Monthly social Activities for single parents
Family Focus Coffee Morning last Friday of each month 10 – 12 at the Goolwa Uniting Church, Open Door Building, Collingwood Street, Goolwa.

Family and Youth Services
Location: 3/10 Crozier Road, Victor Harbor
Phone: 8552 2011
Fax: 8552 5304
Postal Address: PO Box 128, Victor Harbor, 5211
Services Offered: Financial Counselling, Concessions on AGL, SA water, council rates & Emergency Services Levy, General information service, emergency financial assistance.

Legal Services Commission of SA
Telephone: 1300 366 424
Services Offered: Telephone advice only

Milang Old School House
Community Centre
Location: Cnr Rivers & D’Aranda Tce, Milang SA 5256
Phone / Fax: 8537 0687
Services Offered: Information Service, Networks for You, Social Activities

South Coast Early Learning Centre
Location: 1 Oval Road, Victor Harbor SA 5211
Phone: 8552 4160
Fax: 8552 4712
Services Offered: Outreach service, home based programs for young children that assist parents in fostering their child’s development.
Eligibility Criteria: Children aged from birth to four years of age who have limited or no access to resources and other children’s services or have additional needs that may arise from developmental delay or disability, have recently arrived in Australia and speak a language other than English or have other cultural support needs.

South Coast Volunteer Service
Location: Old School building, Torrens Street, Victor Harbor
Phone: 8552 7858
Services Offered: Provides information and referral service for volunteers and organisations with volunteers.

Victim Support Service
Location: 11 Halifax Street, Adelaide SA 5000
Phone: 8231 5626
Fax: 8231 5458
Services Offered: A support group for non-offending parents of children who have been sexually abused

Women’s Legal Service
Location: 135 Waymouth Street, Adelaide SA 5000
Phone: 8221 5553
Country Callers: 1800 816 349
Email: WLSSA@CAMTECH.NET.AU
Services Offered: Telephone advice, information and referrals for women requiring legal advice. Available Mondays, Tuesdays, Thursdays, Fridays and Saturdays from 1pm – 3 Tuesday evenings 6pm – 8pm. Court support provided on matters of domestic violence (ph: 0419 861 693)
PLAYGROUPS / PLAY CENTRES

KINDERGYMS

Playgroup Association of South Australia Inc
Location: 240 Port Road Hindmarsh, SA 5007
Phone: 8346 2722
Free Call: 1800 681 080
Fax: 8340 2201
Email: playgroup@senet.com.au
Web site: www.playgroupaustralia.com.au
Services Offered: Office Hours, 9am – 4pm Monday – Friday
On joining the association, you can get professional support and advice for activities and play ideas, resources, regular playgroup publications, training, information on conferences and workshops, comprehensive insurance, details of special events, e.g. National Playgroup Day, Playgroup Month, children’s concerts.

Ashbourne Playgroup
Location: Government Road
Phone: 8536 6135
Postal Address: Government Road, PO Box 42, Ashbourne SA 5157
Services Offered: Wednesday 9-11am

Goolwa Assemblies of God Playgroup
Location: 18 Glen Court Goolwa
Phone: 8555 1685
Services Offered: Tuesday 10.30 start

Goolwa Playgroup
Location: Goolwa Children’s Centre
Brooking Street, Goolwa SA 5214
Phone: 8555 2509
Services Offered: Friday 9.30 – 11-11.30

Langhorne Creek Play Centre
Location: Church Hall, Langhorne Creek
Phone: 8536 2503
Postal Address: PO Box 116, Strathalbyn SA 5255
Services Offered: Mon 9.30-11.30 am

Milang Play Centre
Location: Milang
Phone: 8536 2503
Postal Address: PO Box 116, Strathalbyn SA 5255
Services Offered: Tues 9.30-11.30 am
Mount Compass Playgroup
Location: Mount Compass Pre School Centre, (top of) Oval Road, Mount Compass
Phone: 8556 8342
Services Offered: Tues 9.30 – 11.30

Mount Compass Kindergym
Location: Mount Compass Hall
Phone: 8556 8589
Services Offered: For children 0 – 5 years, Fridays 9.30 – 10.30

Myponga Play Centre
Location: Myponga School, Hutchinson Street, Myponga
Phone: 8558 6267
Services Offered: Fridays 9am- 12noon

Port Elliot Playgroup
Location: The Strand, Basement Port Elliot Institute
Phone: 8554 2962
Services Offered: Tues 9.30 am – 11.30 am

Rapid Bay Playgroup
Location: Rapid Bay R-7 School, Essington Lewis Drive
Phone: 8598 4062
Services Offered: Fortnightly, Wednesdays 10 am to 11.30 am

South Coast Kindergym
Location: Port Elliot Showgrounds
Phone: 8536 8260
Services Offered: Sessions Wed 10.00 am – 11.00 am; Thurs 9.30 am – 10.30 am & 10.45 am – 11.45 am

Strathalbyn Playgroup
Location: Chapel Street Scout Hall
Phone: 8536 3856
Postal Address: 11 Walsh Avenue, Strathalbyn, SA 5285
Services Offered: Thursdays 9.30am-11.30am

Strathalbyn Kindergym
Location: Coronation Rd Strathalbyn
Phone: 8536 8260
Postal Address: PO Box 640, Strathalbyn SA 5255
Email: lyndalmayes738@hotmail.com
Services Offered: Tuesdays & Wednesdays 9.30am – 10.30 & 10.30am-11.30 (children 0-5yrs)

Victor Harbor Playgroups
<table>
<thead>
<tr>
<th><strong>Adare Playgroup</strong></th>
<th>Location: The Drive Victor Harbor</th>
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<tr>
<td></td>
<td>Phone: 8552 4960</td>
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<tr>
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<td>Services Offered: 2nd &amp; 4th Tuesday 10 – 11.30am</td>
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<thead>
<tr>
<th><strong>Church of Christ Playgroup</strong></th>
<th>Location: Church of Christ Hall, Seaview Road, Victor Harbor</th>
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<tbody>
<tr>
<td></td>
<td>Phone: 8552 7133</td>
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<tr>
<td></td>
<td>Services Offered: Thursday 10.00am - 11:30am</td>
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<table>
<thead>
<tr>
<th><strong>Christian Gospel Centre Playgroup “Under the Sea”</strong></th>
<th>Location: Christian Gospel Centre Victor Harbor</th>
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<tbody>
<tr>
<td></td>
<td>Phone: 8552 6007</td>
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<td>Services Offered: Thursday 1.30 – 3.00pm</td>
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<thead>
<tr>
<th><strong>Lutheran Playgroup</strong></th>
<th>Location: Lutheran Centre, Adelaide Road, Victor Harbor</th>
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<tbody>
<tr>
<td></td>
<td>Phone: 8552 5380</td>
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<tr>
<td></td>
<td>Services Offered: Thursday from 10.00am</td>
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<table>
<thead>
<tr>
<th><strong>Victor Harbor Community Playgroup</strong></th>
<th>Location: Victor Harbor Yacht Club</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>Phone: 8552 6971</td>
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<td></td>
<td>Services Offered: Fridays 9.30 am – 11.30 am</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th><strong>Yankalilla Playgroup</strong></th>
<th>Location: Yankalilla Children’s Centre, Main Road, Yankalilla</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Phone: 8558 2387</td>
</tr>
<tr>
<td></td>
<td>Services Offered: Fridays 10am – 12noon</td>
</tr>
</tbody>
</table>
SCHOOLS

Eastern Fleurieu School
Eastern Fleurieu School is an R-12 multi campus school. The campuses are located at Ashbourne, Langhorne Creek, Milang, Strathalbyn R-6, Strathalbyn Middle Campus and Strathalbyn Senior Campus.
Phone: 8536 2455
Fax: 8536 3747
Email: info@efsstra712.sa.edu.au
Web Site: www.efsstra712.sa.edu.au

Ashbourne Campus
Location: Main Road, Ashbourne SA 5157
Phone: 8536 6135
Fax: 8536 6142

Langhorne Creek Campus
Location: Langhorne Creek SA 5255
Phone: 8537 3145
Fax: 8537 3103

Milang Campus (R-6)
Location: Milang SA 5256
Phone: 85370223

Strathalbyn R-6 Campus
Location: 34 East Terrace, Strathalbyn SA 5255
Phone: 8536 2344
Fax: 8536 2382

Strathalbyn 7-12 Campus
Location: 11 Callington Road, Strathalbyn SA 5255
Phone: 8536 2455
Fax: 8536 3747

Encounter Lutheran School – Victor Harbor
Location: Lot 95, Adelaide Road, Victor Harbor
Phone: 8552 8880
Fax: 8552 8833
Email: els@granite.net.au
Postal Address: PO Box 51, Victor Harbor SA 5211
Services Offered: Education linked in with services offered by Victor Harbor Lutheran Church

Investigator College
Goolwa
Phone: 8555 5079 or 8555 5755
Postal Address: PO Box 197, Goolwa SA 5214
Email: glendale@trinity.sa.edu.au

Victor Harbor
Phone: 8552 3916
Email: victor@trinity.sa.edu.au
Goolwa R -7 School
Location: Gardiner Street Goolwa
Phone: 8555 2261
Fax: 8555 3899
Email: anderson@goolwaps.sa.edu.au.
Web Site: www.goolwaps.sa.edu.au
Postal Address: Gardiner Street Goolwa, SA 5214
Services Offered: Primary Schooling R-7, Out of School care,
 Vacation Care

Mount Compass Area School
Location: Mount Compass
Phone: 8556 8219
Fax: 8556 8471
Services Offered: Schooling R-12, Out of school hours care.

Murraylands Christian School
Location: 28 East Terrace, Strathalbyn SA 5255
Phone: 8536 3355
Fax: 8536 3097
Email: principl@triplei.net.au
Services Offered: Early learning centre (for children from 4 years of age)
Christian community college.
Eligibility Criteria: Commitment to support Christian Education and preferably
a Christian background.

Myponga R-7 School
Location: Myponga
Phone: 8558 6267
Fax: 8558 6001
Email: info@mypongaps.sa.edu.au
Postal Address: Hutchinson Street, Myponga SA 5202
Services Offered: Primary Schooling R-7

Port Elliot R-7 School
Location: 50 North Terrace, Port Elliot SA 5212
Phone: 8554 3399
Services Offered: Education R-7

Rapid Bay R-7 School
Location: Essington Lewis Drive, Rapid Bay
Phone: 8598 4062
Fax: 8598 4116
Email: office@rapidbayps.sa.edu.au
Web Site: www.rapidbayps.sa.edu.au.
Postal Address: c/- Post office, Rapid Bay SA 5204
Services Offered: Education R-7
**Victor Harbor High School**
Location: George Main Road, Victor Harbor SA 5211
Phone: 8552 1988
Fax: 8552 5007
Email: school@vhhs.sa.edu.au
Web Site: www.vhhs.sa.edu.au
Services Offered: Comprehensive curriculum yrs 8-12.
Specialist vocational and academic pathways (SACE & VET). Diverse extra-curricular activities.
Special education unit.
Purpose built Middle School.
Counselling – career and course; personal and family.

**Victor Harbor R-7 School**
Location: The Parkway, Victor Harbor SA 5211
Phone: 8552 1166
Fax: 8552 5068
Email: jkelly@victorr7.sa.edu.au

**Yankalilla Area School**
Location: Main Road, Yankalilla
Phone: 8558 0888
Fax: 8558 2155
Email: rponder@yankas.sa.edu.au
Postal Address: Main Road, Yankalilla
Services Offered: R –12 School including adult enrolments.
Community Library
TRANSPORT

Combined Churches Christian Community Care
Location: Yankalilla District
Phone: 8558 2269
Services Offered: Christian Care Car (in conjunction with the DC Yankalilla). Transport to and from medical appointments – local and Adelaide. Some compassionate travel can be made available.

Neighbour Aid:
Location: 224 Liverpool Road Goolwa
Phone: 8555 2429
Services Offered: Emergency transport service, given according to the availability of volunteers and discretion of coordinator.

Southern Communities Transport Scheme (SCOTS)
Location: 3/10 Crozier Road, Victor Harbor SA 5211
Phone: 8552 5709
Fax: 8552 5304
Email: scots@granite.net.au
Postal Address: PO Box 128, Victor Harbor SA 5211
Services Offered: Transport service for residents of Victor Harbor, Goolwa, Port Elliot and surrounding communities. Transport to medical appointments, hospital visitations etc. locally and in Adelaide. Door to door scheduled bus service – Goolwa, Middleton, Port Elliot and Victor Harbor.
Eligibility Criteria: Any members of the community who do not have alternative access to transport.

Strathalbyn Volunteer Driver’s Scheme
Location: Strathalbyn
Phone: 8536 2707
Services Offered: Transport to medical appointments.
Eligibility Criteria: HACC client and must be registered with the Health Service.
### QUICK REFERENCE GUIDE

Listing of services provided in each Council District or on a regional basis.

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<thead>
<tr>
<th>Service</th>
<th>Regional</th>
<th>Alexandrina</th>
<th>Victor Harbor</th>
<th>Yankalilla</th>
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<tbody>
<tr>
<td>Children’s Services / Childcare</td>
<td>• Family Day Care</td>
<td>• Goolwa Children’s Centre</td>
<td>• Victor Harbor OSHC</td>
<td>• Yankalilla OSHC</td>
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<tr>
<td>(pages 6-7)</td>
<td></td>
<td>• Goolwa OSHC</td>
<td>• Victor Harbor Child Care Centre</td>
<td>• Yankalilla Community</td>
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<td>• Mt Compass OSHC</td>
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<td>Children’s Centre</td>
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<td>• Pt Elliot OSHC</td>
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<td>• Eastern Fleurieu R-12 OSHC</td>
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<td>• Strathalbyn – Burkett Drive Children’s Centre</td>
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<td>• Strathalbyn Occasional Care Service</td>
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<td>• Church of Christ – Goolwa</td>
<td>• Anglican Church</td>
<td>• Lutheran Church</td>
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<td>(pages 8-11)</td>
<td>• Lutheran Church</td>
<td>• Baptist Church</td>
<td>• Church of Christ</td>
<td>• Assemblies of God</td>
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<td>• Uniting Church – Port Elliot</td>
<td>• Church of Christ</td>
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<td>• Salvation Army</td>
<td>• Oasis</td>
<td>Uniting Churches (Delamere, Inman Valley, Myponga, Parawa, Yankalilla)</td>
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<td>• South Coast Christian</td>
<td>• Salvation Army</td>
<td>• Yankalilla Comb.</td>
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<td>• Uniting Church</td>
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<td>Community Care</td>
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<tr>
<td>Councils (page 12)</td>
<td>• Alexandrina Council</td>
<td>• Anglican Church</td>
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<td>• City of Victor Harbor</td>
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<td>• Yankalilla Comb.</td>
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<td>• District Council of Yankalilla</td>
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<td>Christian Churches Community Care</td>
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<td>Counseling Services - General</td>
<td>• Adelaide Central Mission</td>
<td>• Goolwa Uniting Church</td>
<td>• Adare Uniting Church</td>
<td>• Yankalilla Uniting Church</td>
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<tr>
<td>(pages 13-17)</td>
<td>• CAMHS</td>
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<td>• Newland Uniting Church</td>
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<td></td>
<td>• Community Grief Support Group</td>
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<td>• Family &amp; Youth Services</td>
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<td>• Victor Harbor Baptist Church</td>
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<td>• JPET (Job Placement Employment &amp; Training</td>
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<td></td>
<td>• Relationships Australia</td>
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<td></td>
<td>• Royal Society to the Blind</td>
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<td></td>
<td>• Shine SA (formerly Family Planning)</td>
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<td>• Southern Fleurieu Health Service</td>
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<td>• Southern Junction Youth Service</td>
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<td>• Vietnam Veteran’s Counselling Service</td>
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<td>Counseling Services – Church Based (page 15)</td>
<td>• DECS Educational Psychologist</td>
<td>• Goolwa Uniting Church</td>
<td>• Adare Uniting Church</td>
<td>• Yankalilla Area School</td>
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<td>Counseling Services - Education</td>
<td>• Glendale College</td>
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<td>• Newland Uniting Church</td>
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<td>(pages 16-17)</td>
<td>• Goolwa R-7 School</td>
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<td>• Salvation Army</td>
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<td>• Victor Harbor Baptist Church</td>
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<td>Alexandrina</td>
<td>Victor Harbor</td>
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<td>• Victor Harbor R-7 School</td>
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<td>Counselling Services – Private Counsellors (pages 17)</td>
<td>• Bobbie Barfield  • Robbie Huey-Williams</td>
<td>• Margaret Gardner  • Jo Gilpin  • Liana Taylor</td>
<td>• Stephen Cartwright  • Peter George  • Patricia George  • Michael Porter  • Donna Riseley  • Lew Saunders</td>
<td>• Karen Hammat  • Belinda Sanders</td>
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<td>Emergency (page 18)</td>
<td>• Ambulance  • Crisis Care  • Fire  • South Coast District Hospital  • Poisons Information Line  • Police  • Snake Catcher</td>
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<td>Health Services – Child and Youth Health (page 19-20)</td>
<td>• Child &amp; Youth Health Services  • The Second Story Youth Health Service  • Dental Health</td>
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<td>Health Services – Family Health (page 20-23)</td>
<td>• Aboriginal Health Council of SA  • Breastfeeding – Australian Breast Feeding Assoc  • Helen Mayo House  • Families First  • Families First Volunteer Program  • Family Links  • Southern Fleurieu Health Service  • South Coast Community Hospital</td>
<td>• Goolwa Medical Centre  • Middleton Medical Centre  • Mount Compass Medical Centre  • Port Elliot Medical Centre  • Strathalbyn Medical Clinic  • Strathalbyn &amp; District Soldiers’ Memorial Hospital</td>
<td>• Norfolk House Medical Centre  • Ocean Street Medical Centre  • Naturopath – Stephanie Wishart</td>
<td>• Yankalilla, Normanville, Myponga Surgeries  • Normanville Medical Centre</td>
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<td>Health Services – Men’s Health (page 24)</td>
<td>• Men’s Information and Support Centre  • Southern Fleurieu Health Service  • Counselling for male perpetrators  • Mensline</td>
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<td>Health Services – Sexual Health (page 25)</td>
<td>• Shine SA – Sexual Health Information Networking Education</td>
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<td>Health Services – Women’s Health (page 25)</td>
<td>• Women’s Health Statewide  • Southern Fleurieu Health Service  • Women’s Healthline</td>
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<td>Helplines (page 26)</td>
<td>• Alcohol  • Child Abuse  • Domestic Violence  • Drug  - Paediatric Drug Information  - Drugs in Pregnancy &amp; Lactation</td>
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<td>Service</td>
<td>Regional</td>
<td>Alexandrina</td>
<td>Victor Harbor</td>
<td>Yankalilla</td>
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<tr>
<td>Helplines cont</td>
<td>- Drug &amp; Alcohol Counselling Services</td>
<td>- Kids Helpline</td>
<td>- Mensline</td>
<td>- Parent Helpline</td>
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<tr>
<td></td>
<td></td>
<td>- Lifeline</td>
<td>- Pregnancy / Birthline</td>
<td>- Rape</td>
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<td>- Alcohol Counselling Services</td>
<td>- Poisons Information</td>
<td>- Rape &amp; Sexual Assault Service</td>
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<td></td>
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<td>- Emergency Line for Victims</td>
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<tr>
<td>Kindergartens / Preschools (page 27-28)</td>
<td>• Montessori Preschool</td>
<td>• Goolwa Children’s Centre</td>
<td>• Montessori Preschool</td>
<td>• Yankalilla Community Children’s Centre</td>
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<td>• Mount Compass Preschool Centre</td>
<td>• Victor Harbor Community Kindergarten</td>
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<td>• Port Elliot Kindergarten</td>
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<td></td>
<td>• Strathalbyn Kindergarten &amp; Outreach</td>
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<td>Libraries (pages 29-30)</td>
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<td>• Goolwa Library</td>
<td>• Victor Harbor Public Library</td>
<td>• Yankalilla Community Library</td>
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<td></td>
<td></td>
<td>• Milang Depot</td>
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<td>• Mount Compass Library</td>
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<td>• Port Elliot Depot</td>
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<td>• Strathalbyn School/ Community Library</td>
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| Opportunity Shops (page 31) |                                                                          | • Salvation Army Thrift Shop                                                | • Next Size Up                                                                |âu
<p>|                         |                                                                          | • Strathalbyn Hospital Opportunity Shop                                     |                                                                               |                                                                             |
| Parent Groups (page 32)  | • Australian Breast Feeding Assoc Sth Fleurieu Group                     |                                                                               |                                                                               |                                                                             |
|                         | • Chronic Fatigue Syndrome Support Group                                 |                                                                               |                                                                               |                                                                             |
|                         | • Community Living Options                                               |                                                                               |                                                                               |                                                                             |
|                         | • Community Grief Support Group                                          |                                                                               |                                                                               |                                                                             |
|                         | • Domestic Violence Action Group                                         |                                                                               |                                                                               |                                                                             |
|                         | • Grandparents Raising Grandchildren                                    |                                                                               |                                                                               |                                                                             |
|                         | • Mental Health Carers Support Group                                     |                                                                               |                                                                               |                                                                             |
| Parenting and Family Support Services (pages 33-36) | • AA                                                                      | •AA                                                                          | •AA                                                                           |                                                                             |</p>
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<th>Service</th>
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<th>Alexandrina</th>
<th>Victor Harbor</th>
<th>Yankalilla</th>
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<tr>
<td>Parenting Family Support Services cont</td>
<td>• Community Mediation Services • Drug &amp; Alcohol • Early Learning Family Program • Family &amp; Youth Services • Families First • Families First Volunteer Program • Family Links • Family Focus • Legal Services Commission • South Coast Early Learning Centre • South Coast Volunteer Service • Victim Support Services • Women’s Legal Service</td>
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<tr>
<td>Playgroups / Play Centres / Kindergyms (pages 36-39)</td>
<td>• Playground Association of SA Inc • South Coast Kindergym</td>
<td>• Ashbourne Playgroup • Goolwa Assemblies of God Playgroup • Goolwa Playgroup • Langhorne Creek Playgroup • Milang Playgroup • Mount Compass Kindergym • Mount Compass Playgroup • Port Elliot Playgroup • Strathalbyn Kindergym • Strathalbyn Playgroup</td>
<td>• Adare Playgroup • Church of Christ Playgroup • Lutheran Playgroup • Victor Harbor Community Playgroup</td>
<td>• Myponga Play Centre • Rapid Bay Playgroup • Yankalilla Playgroup</td>
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<tr>
<td>Schools (page 40-42)</td>
<td>• Eastern Fleurieu Schools - Ashbourne - Langhorne Crk - Milang - Strathalbyn R-6 - Strathalbyn 7-12 • Glendale College Goolwa • Goolwa R-7 School • Mount Compass Area School • Murraylands Christian School • Port Elliot R-7 School</td>
<td>• Encounter Lutheran School • Glendale College Victor Harbor • Victor Harbor High School • Victor R-7 School</td>
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<tr>
<td>Transport (page 43)</td>
<td>• Neighbour Aid • Southern Communities Transport Scheme • Strathalbyn Volunteer Drivers’ Scheme</td>
<td>• Southern Communities Transport Scheme</td>
<td></td>
<td>• Combined Churches Christian Community Care</td>
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